

## ABSTRACT OF THE INVENTION

**[0046]** A thumb protector comprising an upper layer attached to a lower layer at first distal ends with an attachment mechanism to connect second distal ends of the upper and lower layers is provided. The second distal ends of the layers form an aperture and have a circumference smaller than a thumb circumference to retain the thumb protector on the thumb. The lower layer is soft and elastic to disperse pressure applied to an external surface of the lower layer to thereby reduce pressure applied to the thumb to prevent soreness and callous formation while still imparting a natural sense of feel.